

THE BUY NOTHING PROJECT

www.buynothingproject.org

The Buy Nothing Project offers people a way to give and receive, share, lend, and express gratitude through a worldwide network of local gift economies in which the true wealth is the web of connections formed between people who are real-life neighbors.

These are the types of requests and offers that belong in Buy Nothing groups:

GIVE: Offers of any goods or services you'd like to share, loan, or give away.

ASK: Requests for goods or services you'd like to borrow or keep.

GRATITUDE: Sharing the gratitude is what fuels the magic.

WHY USE BUY NOTHING?

- Local. It's in your neighborhood. Share in abundance with those around you.
- Less Waste. Someone else may be able to give new life to something you no longer need or want.
- Declutter. Get rid of items that are collecting dust in your house.
- Save Money. Everything is free!
- Environmental Impact. Keeps items out of the landfills longer.
- Connect. Get to know your neighbors and the neighborhood better!

FIND YOUR BUY NOTHING GROUP

www.buynothingproject.org/find-a-group

Search to see if there is a Buy Nothing group in your neighborhood. There are lots of groups in and around the Twin Cities.

Most Buy Nothing Groups use Facebook to connect, but there is also an app available.

START A BUY NOTHING GROUP

If you can't find a Buy Nothing Group in your area, there are lots of resources on the BN website to help you get started.

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