



VEAP

Most-needed Items

March 2026

VEAP, the Twin Cities' largest food pantry, needs your help! We're accepting donations at Door 4 behind our building:
Monday - Thursday, 9:00 a.m. - 4:30 p.m.
Friday, 9:00 a.m. - Noon

- Hearty soups (high protein, low sodium)
- Canned proteins (pork, chicken, beans)
- Shelf-stable tortillas
- Refried beans
- Diced tomatoes
- Baking essentials (flour, corn masa, sugar, & spices)
- Cooking oil
- Toilet paper
- Paper towels
- Baby wipes
- Cleaning items:
 - laundry detergent
 - dish soap
- Personal care items:
 - shampoo
 - toothpaste & toothbrush
 - hand soap
 - menstrual products
 - adult diapers

More details at veap.org/most-needed-items

9600 Aldrich Ave South, Bloomington Minnesota 55420 952.888.9616